

LE CHEVAL FORMATEUR:

When and How It Can Help Your Teams Improve Their Efficiency

Because of their place in nature, horses benefit high sensitiveness and intuition from which human beings may learn a lot.

Via metaphors and analogy, interacting with horses enables to rapidly and precisely understand situations experienced in professional environment.

When implementing a cross-divisional team with members who knows each other more or less – because they don't belong to the same site, division or function, *Le Cheval Formateur* will help the team to meet the required expectations in terms of efficiency.

→ An integration day with ***Le Cheval Formateur*** will trigger the communication ability between team members and offer experiences of common objectives achievement outside the typical professional frame. The prevailing touch of humor will facilitate learning.

A team leader wants to improve the communication between his or her team members:

It may be a managing team, a distant or virtual team...

→ ***Le Cheval Formateur*** will encourage a listening attitude and interpersonal communication and will stress everyone's strengths and improvement areas - an asset for an efficient team –thus evidencing the path to collective achievement.

2 or several organizations will merge or share strategic objectives, leading to changes in the existing teams:

→ 1 or 2 training days with ***Le Cheval Formateur*** will help individuals to know each other and thus to work better and faster. The session will provide common experiences involving adaptability and flexibility in changing times.

When taking over a small company, the new owner's first duty will be to discover the new team and to get integrated to it as fast as possible.

→ ***Le Cheval Formateur*** will be the new owner's facilitator by making explicit the dynamic of the existing team, the management and communication styles inherited from the former owner and by enlightening the present situation.

Gathering marketing & commercial teams on a hand and R&D, Engineering and Production the other hand, to give them space and time to endeavor expression and communication in a climate of benevolent listening and mutual consideration that favors differences perception and their valorization.

→ ***Le Cheval Formateur*** will encourage a deep mindfulness about differences, points of view, behaviors and cultures. Everyone will get a better feeling of his/her role in the achievement of common objectives.

HOW CAN HORSES BE AN EFFECTIVE « TEACHING TOOL» IN TEAM BUILDING AND COACHING

In **team building**, benefits for the participants are to:

- Get to know each other's skills and experience better among team members in a non-professional context,
- Promote interpersonal communication to increase unity of thought and action in the group,
- Experience how positive perceptions directly impact the reciprocal confidence that cements harmonious and effective teams,
- Experience how « Working together» in an unusual situation reaches farther than « Knowing how to do one's part of the job » and thus initiates the evolvement from a group to a team.

As part of a **yearly meeting seminar**, the benefits for the attendees are to:

- Introduce or conclude the seminar in a dynamic and interactive way,
- Provide attendees with a relaxing time on game and humor background, promoting learning and team building,
- Strengthen time spirit through scenarios increasing self-confidence and trusting others.

As part of a **coaching process**, the benefits for the coachee are to experience:

- Listening and communication skills, being active, proactive or reactive in unusual situations,
- The ability to lead others while being guided by intuition,
- Controlling and letting go in an instant,
- The power of perseverance beyond barriers and the effects of getting mobilized on a goal,
- Awareness as a preliminary condition to any attempt to change.