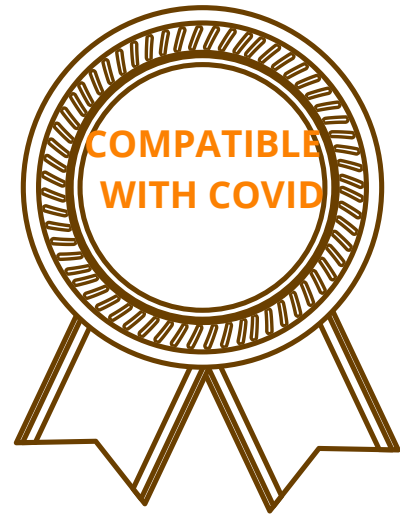


# Workshops with



## **Subtle communication : When horses become a source of inspiration**

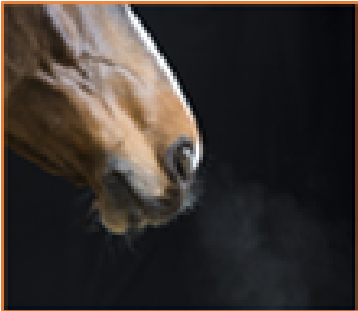
The sanitary crisis has placed humanity under control of infinitely tiny, even invisible particles.

Our social expressions that used to be highly visible such as handshakes and warm hugs have now become dangerous. None of us can say for how long...

What about seizing up this opportunity and experimenting new rituals to initiate and sustain relation to others ?



# Sharpen your practice of interpersonal communication while meeting horses



'You'd like meeting Le Cheval Formateur ?  
From March 2021 onwards, you will be offered 3 different 3.30 hour-workshops in pleasant riding stables nearby Lyon Centre.

Over and over, we'll use metaphors to better link our learning with horses to our working experience.

- 1/ Experimenting and observing how subtle and discrete attention as well as micro movements do impact our communication
- 2/ Efficiently interacting with teleworking and on-site teams
- 3/ Being fully effective in first contacts steps.

To better learn, only 4 participants may register for a workshop.



Wearing gloves in all seasons is highly recommended. Wearing a mask when being in the different stables areas is compulsory.

Would you like to register for a trial ?  
Every day except on Wednesdays  
8h30/12h or 13h/17h

# Informations

## IMPORTANT

**These seminars are not riding lessons.**

All exercises are done on the ground alongside horses.

No horse riding practice is requested to attend the seminars and workshops.

## INSURANCE

**A special Professional Liability Insurance** coverage has been subscribed. Certificate is available on request.

## LOCATIONS

Seminars are organized in dedicated premises where both inside and outside arenas are available. In winter or rainy times, kindly consider wearing warm clothes !

## DRESS CODE

Jeans, sports or casual wear and hiking shoes or similar enabling to move comfortably, are recommended.

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